PEER CONSULTATION GROUPS



Your Mental Health Connection

General Consultation and Peer Support

Meets Virtually on First Mondays 3:00 - 4:00 PM and Third Wednesdays 2:00 -3:00 PM

Led by Anne Devaughn, LCSW-C, a Pro Bono Counseling volunteer since 2009

Open to Pro Bono Counseling Volunteers

If interested, email <u>AnneDevaughn@aol.com</u> to be added to Zoom invitation list.

Trauma Consultation

Meets Virtually Monthly on the Third Thursday each month 7:00 - 8:00 PM Led by Bethan McGarry , LCSW-C, a Pro Bono Counseling volunteer since 2022

Open to Pro Bono Counseling Volunteers

Eligible for 1.0 Category II/Category B CEU per session

If interested, email PBC Clinical Director.

Supervisor Support Consultation Group

Meets Virtually Monthly First Monday of each month from 12:00 - 1:00 PM Led by Vernon 'Skip' Krause, LCSW-C

Open to Pro Bono Counseling Supervising Volunteers to enhance their supervision skills and address any challenges with supervisees

Eligible for 1.0 Category II/Category B CEU per session

If interested, email PBC Clinical Director.

Harambee Support Group

Meets Virtually Monthly on Last Friday from 12:00 - 1:00 PM Led by Pro Bono Counseling Volunteers Tanya Bryant-Nickens, LCSW-C, and NaTasha Benjamin, LCPC

Open to Pro Bono Counseling Volunteers who identify as Black or African American

Eligible for 1.0 Category II/Category B CEU per session If interested, email <u>PBC Clinical Director</u>.

Vernon 'Skip' Krause, LCSW-C

Vernon 'Skip' Krause, LCSW-C, has over 35 years of experience as a clinical social worker, supervisor, and psychotherapist. The last 8 years have been devoted solely to clinical supervision and education. He provides mentoring and supervision to licensed counselors with many years of experience, those with a graduate license as well as student interns. Modalities taught and supervised include Psychodynamic, Person Centered, CBT (cognitive/behavioral), ACT (acceptance and commitment), IPT (Interpersonal) and Family Systems. He is known for his passion for developing an understanding of clients based on applicable theories as the foundation for clinical work. Skip has been a volunteer with PBC since 2022.

Bethan McGarry, LCSW-C

Bethan McGarry (she/they) is a Licensed Clinical Social Worker, enthusiastic Baltimore City resident, and committed lifelong learner. Bethan has worked in settings from elementary school to in-patient psychiatry unit, and through in-depth experience in crisis care feels strongly that trauma-informed and person-centered connection is a vital path to healing at both an individual and a structural level. Bethan is committed to providing unconditional regard and a growth mindset in their therapeutic partnership, and enjoys supporting adolescents, adults, couples, and families in navigating life transitions and periods of adjustment. They strive to provide culturally responsive care to a wide range of individuals seeking counseling support. Bethan is committed to anti-racist, anti-oppressive, and LGBTQ-affirming care and brings both a systems-analysis and spiritual lens to therapeutic work. Bethan enjoys YA fiction, crossword puzzles, and coffee shops within walking distance, and has been gratefully involved with PBC since fall 2022 as a volunteer clinician, trauma consult group participant, and now peer group co-facilitator.