

June 2009

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Insights

insight into the PRO BONO COUNSELING PROJECT



CLINICIANS AT VOLUNTEER LUNCH

PHOTO BY JOHN KARDYS

CELEBRATING CLINICIANS:

18th year in a snapshot:

- ◆ 5,653 hours of clinical care donated for
- ◆ 827 families, couples and individuals in 17 counties throughout Maryland.
- ◆ More than 3,300 requests for care were triaged by Jan Larson, LCSW-C and Stacey Sugar, LGPC (candidate).

The PBCP acknowledges the wonderful contribution that more than 400 licensed therapists made toward eliminating disparities in access to mental health care. Their work gave an opportunity where there was none and changed the lives of these families.

PRIVATE COUNSELING FOR PUBLIC SERVICE

Our focus during this four year program has become the families of service men and women and how they are responding to multiple deployments to Iraq and Afghanistan. Wives, husbands and parents describe their wounds of war as they ask for counseling to heal their family that is broken by domestic violence, divorce, separation and suicide of their service member. During the past year, 53 family members and service men and women received 255 donated hours of therapy from clinicians in nine counties in central Maryland. *A National Guard soldier who served in Iraq in 2007 described the insight he had gained after one month of therapy with Mary Seidel, LCPC as to why he and his wife are separated, "I have a wall that I always have up."* We are grateful for the dedicated clinicians who will be accepting referrals of these clients for many years to come.



Why should I join the PBCP?

Marketing

- My practice; every pro bono client who has a good experience has a relative / friend who has the ability to pay

Continuing Education

- Participating clinicians are invited to free workshops that totaled 18 continuing education credits from Oct. 08 to May 09

Coordination of Care

- Licensed clinicians triage clients and refer only clients that fit the clinician's description of her/his participation. We help provide Support for clients' additional needs, medical and legal care, transportation, etc. and their relatives and friends

It's easy and fun!

- Clients can fill odd hours so that you may actually provide therapy with no paper work. The PBCP celebrates mental health professionals

Easy website sign up: www.probonocounseling.org

SUCCESS STORY . . .

Client is a 44 year old woman who requested counseling at the time that her divorce from her second abusive husband was finalized. Only one month earlier, she was dismissed from her job at a local University because she was unable to concentrate sufficiently. She was having difficulty sleeping and motivating herself to think about applying for another job. She couldn't tell if her crying was due to her divorce, job loss or the recent death of her friend. After **Victims of Violence** linked her with a PBCP volunteer clinician, she reported that she began a new job. She described her relationship with her therapist, "Oh I love her; she's absolutely wonderful! I think she saved my life."

Help us to continue to support those in need of mental health care especially in these difficult economic times. We hope that you will "Give 4 Hope" this year:

1. Homicide/Suicide Cases

- 2007-2008 we linked 14 families with therapists
- 2008-2009 we linked 24 families with therapists

2. Domestic Violence Cases

- 2007-2008 we linked 75 victims with therapists
- 2008-2009 we linked 83 victims with therapists

SPRING ACTIVITIES

Speakers Forum – three dynamic researchers challenged clinicians to question established beliefs about gender and the implications for clinical practice.

Recognition Luncheon –

80+ participating clinicians enjoyed connecting with colleagues at the Baltimore Museum of Art's Gertrude's Restaurant.



CLINICIANS AT WORKSHOP

Parenting Alone Workshop – Gloria Vanderhorst, PhD presented the reality of the needs and assets of low-income, uninsured single parents in a therapeutic relationship and she was joined by a panel of valuable resources for these clients.

Orientation – recently enrolled clinicians in the Washington metro area participated in a welcome and introduction to the benefits and procedures of the PBCP.

Donate through our website!

www.probonocounseling.org

3. Life Transitions

- People who owned homes and had jobs last year are now our clients, because they are "downsized."

4. Overwhelming Needs

- We now have 400 active cases when last year at this time, we had 300.

It's a website!

Announcing the birth of our new website:



Please visit:

www.probonocounseling.org

It is useful for first-time viewers, has helpful referral instructions, great links to additional resources, inspirational client stories and comments, and data about our programs and clinicians' contributions. Very soon, a bulletin board for clinicians will be available to place notices of groups, continuing education, rental space and all collegial activities. The site also accepts donations, volunteer enrollment and quarterly hours.

Welcome to Sherri Bloom, LCSW-C

As we say goodbye to Jan Larson, LCSW-C and wish her a wonderful retirement, we are pleased to introduce Sherri, who comes to us with more than 15 years of experience in the field, including direct therapy, management and community supportive services. She is applying twelve years of experience working for Dulany Station and Baltimore Medical Systems as a Social Work Manager and Coordinator of Off-Site Services. Sherri brings complex skills to our office and we are thrilled.



PLS SEE THANK YOU'S

ON BACK PAGE

Thank You

Four Reasons



to Give

Marriage & Family Therapists

Douglas Murphy, LCPC, PRN, LCMFT
Elizabeth Vanden Heuvel, LCMFT

Nurses

Eve Berkow, APRN, PMH
Donna Damico, APRN/PHM, BC
Patricia Esborg, PHD, APRN/PHM, LCMFT
Vivian Geyer, APRN/PHM

Karen Gordon-Davis, APRN/PHM, PHD
Peg Howard, RN, MA, APRN/PHM
Jean Jerardi, APRN/PHM
Paula LaSalle, LCPC, CS, APRN/PHM, MPH
Carol Libonati, APRN/PHM, MS, RN
Pamela Marcus, CS-P, RN, APRN/PHM
Geraldine Muthig, APRN/PHM, LCPC
Cindy E. Ostrowski, CS-P, MSN, RN
Mary Rouse, APRN/PHM
Peggy Soderstrom, APRN/PHM, PHD
Jyotika Vazirani, CRNP/PMH

Professional Counselors

Richard Bagster-Collins, LCPC, EDD
Vilasini Bala, LCPC
Nicole Barber, LCPC
Ellen Barney, LGPC
Paul Bello, LGPC
Elizabeth Blumer, LCPC
Betty Bracht, LGPC
Tonia Bravo Llantén, LCPC
Laurel Brown, LCPC
Sheri Brown, LCPC
Dalphine Cager, LCPC, PHD
Anne Carney, LCPC, LCADC
Laura Cawlo, LCPC
Jill Cody, LCPC
Beth Diamond, LGPC
Candice Dickens, LCPC, NCC, LCADC
Cynthia Dillon, LCPC
Catherine Dix, MS, LCPC
Kiran Dixit, LCPC
Janet Drue-Manson, LCPC
Ellen Dumer, LCPC
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David Ebaugh, LCPC, CCDC
Diane Finch, LCPC
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Debra Foster, LCPC
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Scott Haigley, LCPC, MA
James Hall, LCPC
Peggy Hardin, LCPC
Husher Harris, LCPC
Katherine Higdon, MA, LCPC
Mary Hoff, LCPC
Theresa Holloway, LCPC, DCC
Sonna Kalis, LCPC
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Rita Robinson, LCPC, NBCC
Alyce Ross, LCPC
Angela Russells, LCPC
Jackie Sabbath, LCPC
Xiomara Salgado, LCPC
Robert Schreur, LGPC
Mary Seidel, LCPC
Dika Seltzer, LCPC
Steven Shapiro, LCPC, PHD
Momodu Sheku, MS, LCPC
Magda Sideregts-Vitter, LCPC
Linda Smith, LCPC
Regina Sokas, LCPC
Anne Ross Stewart, LCPC
Connelly Stewart, LCPC, NCC
Sheryl Stoops, LCPC
Cindy Szebenyi, LCPC
Barbara Talbot, MS, LGPC
Dale Tracy, LCPC
Judy Tunkle, LCPC
Lauretha Vargas, LCPC, CCDC
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