

T H E • P R O • B O N O COUNSELING PROJECT

Private Counseling for Public Service

If you are a Service Member, Veteran, and/or Family member and are feeling: depressed, anxious, grieving over a loved one, in a troubled relationship, you are feeling out of control, children acting out, problems at work, or any other issue you want to resolve...

CALL THE PRO BONO COUNSELING PROJECT

-WE WANT TO HELP-

(410) 825-1001

A Public Service Project of:
Maryland Chapter, NASW
Maryland Psychiatric Society
Maryland Psychological Association
Maryland Society for
Clinical Social Work, Inc.
Psychiatric Advanced Practice
Nurses of Maryland
Maryland Mental Health Counselors
Association
Maryland Association of
Marriage & Family Therapists
Greater Washington Society for Clinical
Social Work

Pro Bono Counseling Project

110 West Road, Suite 202
Towson, MD 21204
410-825-1001 (Baltimore area)
877-323-5800 (outside Baltimore)

www.probonocounseling.org

How can the Pro Bono Counseling Project help me?

The Pro Bono Counseling Project is a non-profit organization that was formed in 1991 to provide free mental health care to individuals, families and couples who can not receive care from any other source.

What is my first step?

Please call. A licensed therapist, the Clinical Coordinator, will interview you on the telephone to assess your needs.

What if I have special needs?

The Pro Bono Counseling Project will do its best to accommodate your work schedule, transportation and language needs. Approximately 800 licensed therapists whose offices are located throughout Maryland participate in the Pro Bono Counseling Project.

How long does it take to see a therapist?

Usually, you will begin to working with a therapist within 10 days after you call.

*The Pro Bono Counseling Project is
not a crisis center*

If the therapist and I are not compatible, may I see someone else?

Yes. The Clinical Coordinator will try to link you with another therapist.

Are there a limited number of sessions?

No. Therapists do their best to help you succeed with your goals.

Can the Pro Bono Counseling Project help me if I only need treatment for drug or alcohol abuse?

No. These addictions need to be treated in a specialized program.

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