

THE • PRO • BONO
COUNSELING PROJECT

A Report of the
Eighteenth Year



THERAPISTS AT ANNUAL RECOGNITION LUNCHEON
PHOTO BY JOHN KARDYS

A public service project of:

Maryland Chapter, NASW

Maryland Psychiatric Society

Maryland Psychological Association

Maryland Society for Clinical Social Work, Inc

Psychiatric Advanced Practice Nurses of
Maryland

Licensed Clinical Professional Counselors of
Maryland

Maryland Association of Marriage and
Family Therapists



Report of the 18th Year

A NOTE FROM EXECUTIVE DIRECTOR

The concept of the Pro Bono Counseling Project is encapsulated in an Albert Einstein observation "We can't solve problems by using the same kind of thinking we used when we created them." Nearly 800 participating licensed mental health professionals demonstrate their innovation and creativity every time they work with a client referred by our Clinical Coordinators. These generous clinicians are helping each client to solve their problems in new and unique ways, and in so doing, they are also solving the problems of a health care system that denies access to our clientele. Every one of the past 18 years would not have been possible without their dedication to our mission – to assure that all Maryland residents requesting mental health care, regardless of income, are linked with volunteer licensed mental health professionals and other necessary supportive services. Thank you.



Barbara K. Johnson



Dr. Mounir A. Ass

A NOTE FROM BOARD PRESIDENT

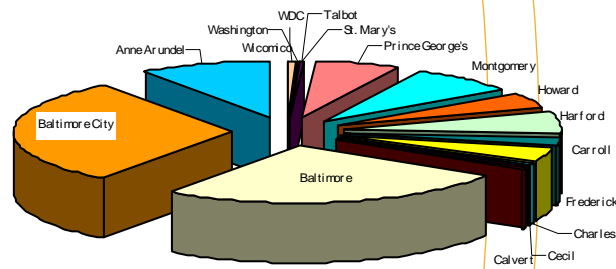
Many of you have been supportive of our mission for years, to provide competent mental health care by licensed providers to those less able to afford that care. Our volunteer therapists continue to provide excellent care to those who request our help. We at Pro Bono take our stewardship seriously and this year achieved the Standards for Excellence from the Maryland Association of Non Profits which attests to our professional management of the funds and programs you and grant giving organizations have been generous to provide.

We have expanded our services, to include Continuing Education classes for our licensed volunteers on topics of interest to them in support of our programs for returning military from Iraq and Afghanistan and their loved ones, families surviving cancer, caregivers, victims of violence, elderly and the underserved, particularly, single parents. Our Maryland program has been recognized by officials in many other states for being remarkably unique, benefiting our citizens for the last 18 years.

Providing access to care Linking clients with therapists

The 769 currently active therapists of the Pro Bono Counseling Project volunteered 5,653 clinical hours with 827 clients from April 1, 2008 through March 31, 2009. During the past eighteen years, 1,428 clinicians have participated in the Pro Bono Counseling Project since 1991.

2008-2009 Geographic Distribution of Referrals



CLIENT PROFILE 2008-2009

AGE	Ages 3 to 84	Average age 38	
RACE	White 56%	Black 37%	Latino 5% Other 2%
GENDER	Female 69%	Male 31%	

Project Growth

Although requests for care doubled during the past five years, the Pro Bono Counseling Project maintained its reputation for responsiveness with part-time coordinators of clinical and programmatic services and has never had a waiting list. Additionally, the Pro Bono Counseling Project is now assisting programs in Colorado, Massachusetts, North Carolina, Tennessee and New York City in their efforts to replicate our program in their states.

CONTINUING PROGRAMS FLOURISHED

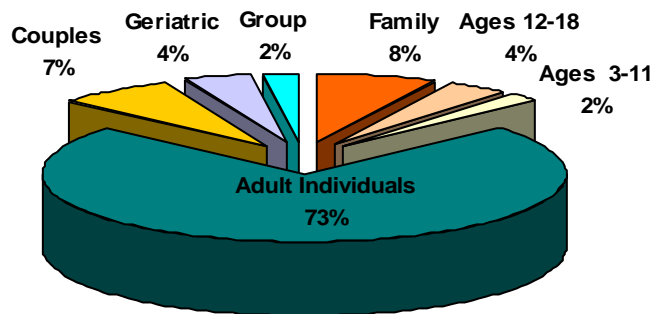
Jean Steirn Cancer Program – includes Beyond Breast Cancer and Families Surviving Cancer Together and links families and individuals who have received a diagnosis of cancer with therapists throughout Maryland who are donating their services. Funded this year by the American Cancer Society, the Susan G. Komen for the Cure, Maryland Affiliate, Eddie C. and C. Sylvia Brown Family and Leonard and Helen R. Stulman Charitable Foundations, and the Zanvyl and Isabel Krieger Fund.

Victims of Violence – links therapists with families and individuals throughout Maryland who are referred from State's Attorney's Offices for each county, law enforcement in municipal, county and state offices. Funded by a VOCA grant of the Department of Human Resources, the Jacob and Hilda Blaustein and the Lila Childress Amsel Foundations.

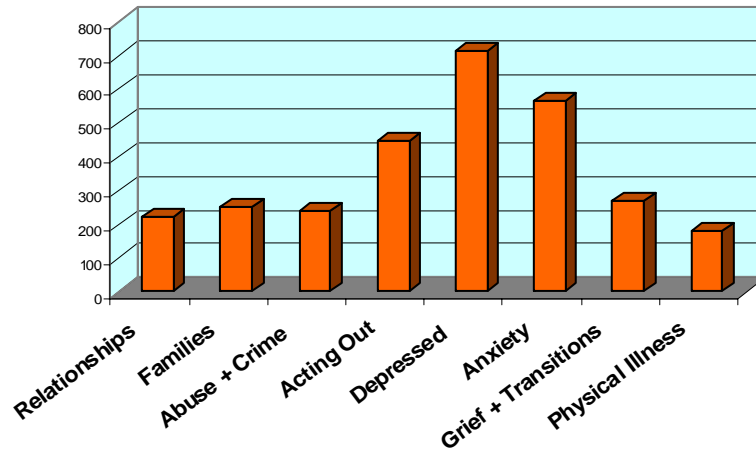
Private Counseling for Public Service – works with the Veterans Administration, National Guard, the Department of Health and Mental Hygiene and others to link service men and women and their loved ones with local participating therapists who provide mental health care particularly to those who are serving in the National Guard and Reserves since 9/11/2001. Funded by the Department of Health and Mental Hygiene and the Dresher Foundation.

Transition and Depression: Elderly and Underserved—reaches out to the elderly to provide therapy for those who are experiencing the debilitating effects of depression, particularly if it is caused by illness, grief or loss, transition or victimization from crimes, domestic violence and / or financial exploitation, who are over 55 years old and who are without supplementary insurance to Medicare. Funded by a VOCA grant of the Department of Human Resources, Baltimore Community Foundation for Aging and the Jacob and Hilda Blaustein Foundation.

Requests 2008-2009



Major Types of Requests
2008-2009



NEW NEEDS IDENTIFIED

New Programs!

Parenting Alone: Building Healthy Families NEW! – brings therapists together with women who are single parents and leaving shelters with their children and parenting alone for the first time, single-parent families who are referred by school social workers and psychologists, families that are temporarily without a parent because one of them is deployed to Iraq or Afghanistan, and families who have lost a parent because of terminal illness. Funded by the Baltimore Women's Giving Circle.

Caring for Caregivers – NEW! offers therapy for loved ones who are the informal caregivers of someone diagnosed with a serious illness. Builds on long term relationships with the Multiple Sclerosis Society, Alzheimer's Association, National Alliance for the Mentally Ill and now the Blue and Gold Star Families of injured veterans, this program is funded by the Marion I. and Henry J. Knott Foundation.

Healthy Howard – NEW! partners with a total health care program offered to Howard County residents who are ineligible for any entitlement program; linking participants in the program with PBCP volunteer therapists in Howard County.

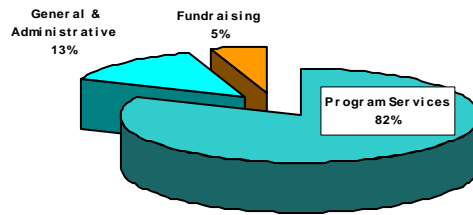
FINANCIAL ACTIVITIES

THE PRO BONO COUNSELING PROJECT, INC.			
STATEMENTS OF ACTIVITIES			
For the Years Ended April 30, 2008 and 2007			
	2008	2007	
UNRESTRICTED SUPPORT AND REVENUE			
Contributions	\$ 48,935	\$ 65,306	
Government grants	154,923	157,207	
Program fees	14,188	16,320	
Investment income	6,960	6,782	
	<u>225,008</u>	<u>245,615</u>	
Net assets released from restriction			
Satisfaction of restriction	<u>106,854</u>	<u>76,468</u>	
Total unrestricted support and revenue	<u>331,862</u>	<u>322,083</u>	
EXPENSES			
Program services	277,803	218,235	
General and administrative	45,381	42,181	
Fundraising	17,445	19,568	
	<u>340,629</u>	<u>279,984</u>	
Change in unrestricted net assets	<u>(8,767)</u>	<u>42,099</u>	
TEMPORARILY RESTRICTED NET ASSETS			
Contributions	83,000	145,000	
Net assets released from restriction			
Satisfaction of restriction	<u>(106,854)</u>	<u>(76,468)</u>	
Change in temporarily restricted net assets	<u>(23,854)</u>	<u>68,532</u>	
Change in net assets	<u>(32,621)</u>	<u>110,631</u>	
NET ASSETS			
Beginning of year	<u>245,041</u>	<u>134,410</u>	
End of year	<u>\$ 212,420</u>	<u>\$ 245,041</u>	

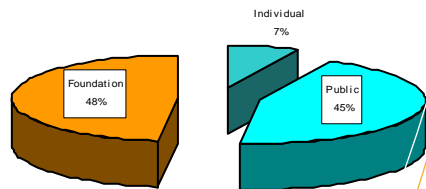
The Notes to Financial Statements are an integral part of these statements.

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FY 2009 Expenses \$340,629



FY 2009 Revenue \$343,844



18 years of progress Testimonials

"I have the best therapist in the world. My son and I are getting along better. My son is working and she's helped me with the way I deal with him. I see her weekly. I feel better than I've felt in three years. She's helped me in ways I can't even begin to put into words."

Client reported "the therapist's Hispanic background made her understand our family better. . .like a perfect match."

"It's wonderful. Especially cancer patients need to have someone to talk to. You need to get the word out more about your program."

"I love [her therapists]; she's wonderful; she's changed my life. I'm glad you were there when I needed you. I referred my cousin to you."

5 PLANS FOR THE FUTURE

- ◆ Expand national training / technical assistance network
- ◆ Build website as useful tool for clients and clinicians
- ◆ Design fundraising initiatives that are new and unique to PBCP
- ◆ Increase recruitment of prescribers who will provide evaluations for medications
- ◆ Evaluate current programs and needs for the future; maintain the most relevant programs and start new ones

THE • PRO • BONO COUNSELING PROJECT

Board of Directors

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Client success story

Client reported that she began a new job three weeks before. She described her relationship with her therapist, "Oh I love her; she's absolutely wonderful! I think she saved my life."

Barbara Bond
Wendy Browning, LCPC
Mary C. Burke, LCSW-C, BCD

A special thank you to our generous funders:

Public Funders Private Funders

Maryland DHMH	American Cancer Society
Maryland DHR	Baltimore Women's Giving Circle
Baltimore County	Jacob & Hilda Blaustein Foundation
Howard County	Brown Family Foundation
	Courthouse Charity Montgomery Cty.
	Dresher Foundation
	First Unitarian Church of Baltimore
	Harley W. Howell Charitable Foundation
	Marion I. and Henry J. Knott Foundation
	Susan G. Komen for the Cure MD
	Macht Philanthropic Fund

