

Still blooming...

Annual Report of the 20TH



PHOTO BY JOHN KARDYS

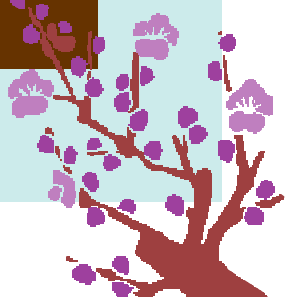
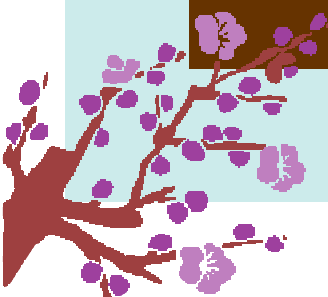
after 20 years.

20th Anniversary Luncheon / 20 Year Honorees

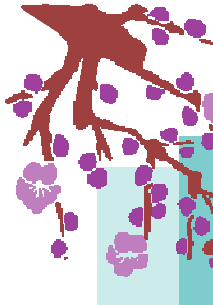


A public service project of:

- Maryland Chapter, NASW
- Maryland Psychiatric Society
- Maryland Psychological Association
- Maryland Society for Clinical Social Work, Inc
- MD Association Marriage & Family Therapists
- Psychiatric Advanced Practice Nurses of MD
- Greater Washington Society for Clinical Social Work
- Licensed Clinical Professional Counselors of Maryland



Annual Report of the **BOOTH**



A NOTE FROM EXECUTIVE DIRECTOR

Dear PBCP partners-



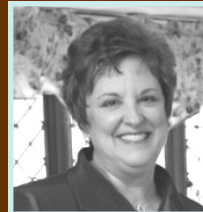
There is a Buddhist saying, "If we are facing in the right direction, all we have to do is keep on walking". We have walked down this road together for 20 years with thousands of clients and therapists; and, with your support, we will continue to face in this direction and take the steps to move forward.

The economic crisis of 2008 has given us a new clientele in addition to the marginally employed families, couples and individuals who always struggle to provide for themselves and lose their supports when something terrible happens. We thank you for your willingness to help each of these 17,000+ individuals to find the right direction and set them on their path with new goals.

Barbara Sheldon

A NOTE FROM BOARD PRESIDENT

Dear Friends and Volunteers-
At the Pro Bono Counseling Project's inception in 1991, its founders



recognized the critical need to care for a segment of Maryland's citizens who, without the benefit of health insurance, were denied necessary resources and access to quality mental health care. Through contributions in time and expertise from our licensed clinicians, grants from numerous organizations and foundations, generous support from all our PBCP friends, and the efforts of a talented and dedicated PBCP staff, thousands of men, women, children, and families in Maryland have received the care and healing that underscores the dignity of all, and the mission of PBCP.

It was thought at PBCP's founding, with promised health care for all on the horizon, services wouldn't be needed for very long. But here we are in 2011, celebrating PBCP's 20th anniversary, still delivering care and performing our essential mission! With excellent stewardship and volunteer training programs that are responsive to today's issues - for veterans and their families, victims of violence, cancer patients and caregivers, and more - PBCP remains strong and vital.

As we look ahead and new health reform efforts go forward, PBCP will adjust to the changing shape of health care delivery, and continue to respond to the evolving and unmet needs of Maryland's most vulnerable citizens. We thank all of you for your steadfast commitment in making that happen every day. Sincerely,

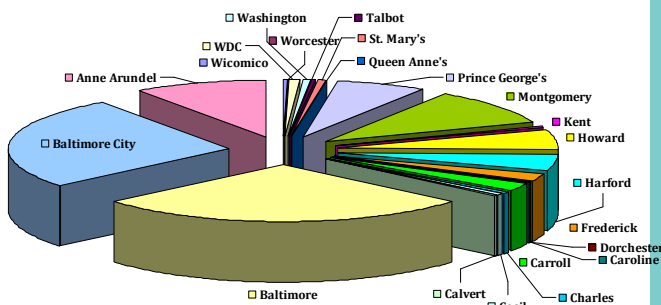
Judith C. Delitto

Report of 20TH Year

Providing access to care for 20 Years

The 709 currently active therapists of the Pro Bono Counseling Project volunteered 6,173 clinical hours with 928 clients from April 1, 2010 through March 31, 2011. During the past twenty years, 1,528 clinicians have donated more than 68,000 hours for the care of 17,000 families, couples and individuals referred from the Pro Bono Counseling Project, totaling in excess of \$6,222,000.

**Geographic Distribution of Referrals
2010-2011**



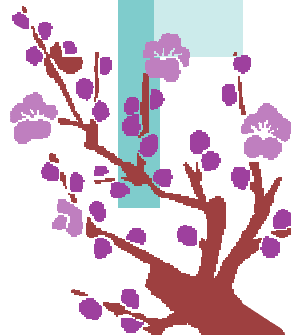
Linking 17,000 clients in 20 YEARS

CLIENT PROFILE 2010-2011

AGE	Ages 2 to 84	Average age 37
RACE	White 54%	Black 36% Latino 7% Other 3%
GENDER	Female 67%	Male 33%

Although requests for care doubled during the past five years, the PBCP **maintained its reputation for responsiveness** with coordinators of clinical and programmatic services and has never had a waiting list.

Additionally, the Pro Bono Counseling Project is **now assisting programs in 8 states** in CO, MA, NC, Ohio, TN, NYC, CA and WDC in their efforts to replicate our program in their regions.



611 clients in counseling improved jobs

6,000+ Clients
Helped via Programs

Continuing Programs Grow

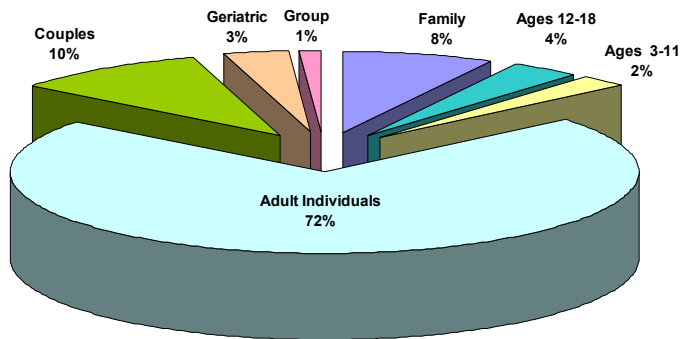
Jean Steirn Cancer Program – includes Beyond Breast Cancer and Families Surviving Cancer Together and links families and individuals who have received a diagnosis of cancer with therapists throughout Maryland who are donating their services. Funded this year by the Susan G. Komen for the Cure, Maryland Affiliate and the MD Home and Community Care Foundation. [855 Cancer Patients Helped]; 7 YEARS!

Victims of Violence – links therapists with families and individuals throughout MD who are referred from State's Attorney's Offices for each county, law enforcement municipality, county / state offices. Funded by VOCA and MVOC grants of the Governor's Office of Crime Control and Prevention. [4,000 Victims Helped]; 13 YEARS!

Private Counseling for Public Service – works with the Veterans Administration, National Guard, the DHMH and others to link service men and women and their loved ones with local participating therapists who provide mental health care particularly to those who are serving in the National Guard and Reserves since 9/11/2001. Funded by the Department of Health and Mental Hygiene. [255 Families Helped]; 6 YEARS!

Transition and Depression: Elderly and Underserved—reaches out to the elderly to provide therapy for those who are experiencing the debilitating effects of depression, particularly if it is caused by illness, grief or loss, transition or victimization from crimes, domestic violence and / or financial exploitation, who are over 55 years old and who are without supplementary insurance to Medicare. [500 Seniors Helped]; 9 YEARS!

Requests 2010-2011



“Taking money out of the transaction provides an element of service, humanity, and gratitude for both the client and my self. “ Gayle Bohlman, LCSWC

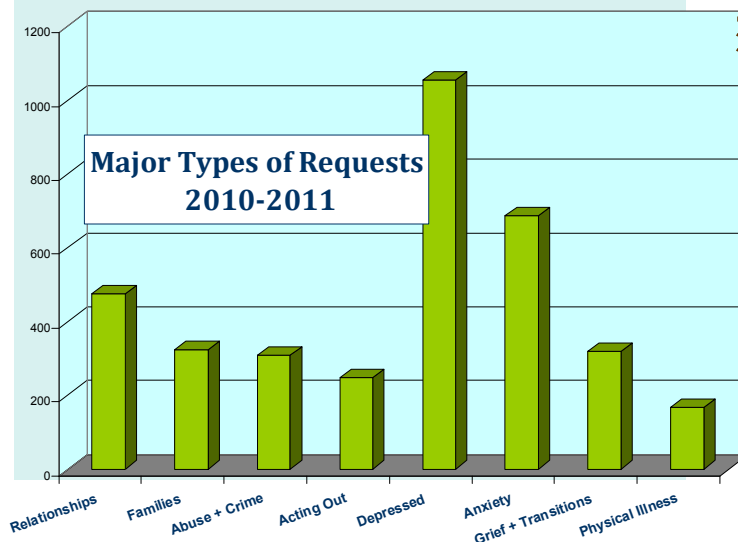
Programs Created
in Last 5 Years.

Newer Programs Make Strides

Parenting Alone: Building Healthy Families – brings therapists together with women who are single parents and leaving shelters with their children and parenting alone for the first time, single-parent families who are referred by school social workers and psychologists, families that are temporarily without a parent because one of them is deployed to Iraq or Afghanistan, and families who have lost a parent because of terminal illness. Funded by the Boys Home of Baltimore, Inc., and Target Stores. [\[550 Single Parents Helped\]](#); 5 YEARS!

Caring for Caregivers – offers therapy for loved ones who are the informal caregivers of someone diagnosed with a serious illness. Builds on long term relationships with the Multiple Sclerosis Society, Alzheimer’s Association, National Alliance for the Mentally Ill and now the Blue and Gold Star Families of injured veterans, this program is funded by Jacob and Hilda Blaustein Foundation and Marion I. and Henry J. Knott Foundation. [\[185 Caregivers Helped\]](#); 3 YEARS!

Healthy Howard – partners with a total health care program offered to Howard County residents who are ineligible for any entitlement program; linking participants in the program with PBCP volunteer therapists in Howard County. [\[50 Individuals Helped\]](#); 2 YEARS!



“We are all so **PROUD OF PBCP**.”

Elizabeth Binks, PhD

Over **\$6M** of donated care in **30** Years.

FINANCIAL ACTIVITIES

THE PRO BONO COUNSELING PROJECT, INC.

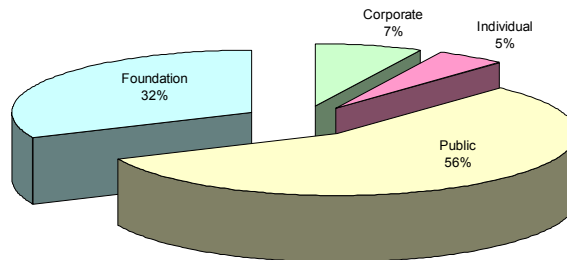
STATEMENTS OF ACTIVITIES
For the Years Ended April 30, 2010 and 2009

	2010	2009
UNRESTRICTED SUPPORT AND REVENUE		
Contributions	\$ 80,862	\$ 76,072
Government grants	179,888	154,514
Program fees	24,349	9,415
Investment income	1,018	1,783
Other	8,489	—
	<u>294,606</u>	<u>241,784</u>
Net assets released from restriction		
Satisfaction of restriction	<u>97,083</u>	<u>108,554</u>
Total unrestricted support and revenue	<u>391,689</u>	<u>350,338</u>
EXPENSES		
Program services	327,794	288,847
General and administrative	47,194	51,968
Fundraising	20,389	17,894
	<u>395,377</u>	<u>358,709</u>
Total expenses	<u>395,377</u>	<u>358,709</u>
Change in unrestricted net assets	<u>(3,688)</u>	<u>(8,371)</u>
TEMPORARILY RESTRICTED NET ASSETS		
Contributions	86,496	106,000
Net assets released from restriction		
Satisfaction of restriction	<u>(97,083)</u>	<u>(108,554)</u>
Change in temporarily restricted net assets	<u>(10,587)</u>	<u>(2,554)</u>
Change in net assets	<u>(14,275)</u>	<u>(10,925)</u>
NET ASSETS		
Beginning of year	<u>201,495</u>	<u>212,420</u>
End of year	<u>\$ 187,220</u>	<u>\$ 201,495</u>

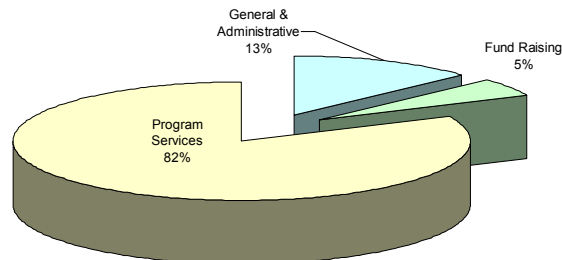
The Notes to Financial Statements are an integral part of these statements.

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FY 2010 REVENUE \$362,703



FY2010 EXPENSES \$362,703



Received National Met Life Award

Helped 17,000 Individuals

HIGHLIGHTS OF 20 YEARS

Received Standards for Excellence

Provided training to 8 States

20 YEARS OF Clients

"I just feel so much better and that means I can be a better parent and child care provider."

"Things have really changed in my life for the better since I started therapy. I am eating; . . . I am sleeping for the first time in a long time."

"I give all the credit to my therapist that I am still working. My therapist really understands and has experience with what I am going through."

"I just want to thank you all for all that you have done."

20 YEARS of Clinicians

"I thank the PBCP for giving me the opportunity to experience this kind of giving from the heart."

"I'm humbled to be part of such good work. "

"The pro bono clients are often much more interesting to me than the ones who come with money-in-hand. "

Recruited 1,500 Volunteer Therapists

Presented at 6 National Conferences

20 YEARS OF Education

Hosted 15 Annual Speakers Forums

PBCP held 15 annual speakers forums with over 1,500 attendees

PBCP hosted speakers from NIH, JHU, U of MD, NCI and other national associations

PBCP hosted 20 annual volunteer recognition luncheons for over 1,000 participants

PBCP hosted over 65 professional education events for over 2,500 participants

PBCP "HELPED SAVE MY LIFE." (client)

Clinicians quoted above: Barb Polonsky, LCSW-C; Valerie McManus; Pat Esborg, APRN/PMH



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"My therapist is being very helpful and I think I wouldn't be able to do it without her." (client)

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Baltimore Mental
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Governor's Office of
Crime Control &
Prevention

Howard County

Maryland Department
of Health & Mental
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Private Funders

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The Lois & Irving Blum Foundation

Boys Home Society of Baltimore, Inc.

Susan G. Komen for the Cure MD Affiliate

Price Family Fund of the Baltimore
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Zanvyl and Isabel Kreiger Fund

"I love what PBCP STANDS FOR."
Barb Polonsky, LCSW-C

PH 877-323-5800 / Web www.probonocounseling.org

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